

## STUDENTS CORNER

### Ponnonam was celebrated

PONNONAM 2014 [Chingam-22] was celebrated on the 8th of September in high spirits by the students and teachers of MCOPS. Professor Gopalan Kutty touched on the story of Mahabali to underline the significance of



Onam celebration. Principal, Dr Mallikarjuna Rao expressed his opinion about the festival. The students of MCOPS performed in the traditional attire with joy enacting 'Mahabali' as well. The programme concluded with savoring of the traditional 'Palpayasam'.

### MAPS Inauguration

MCOPS Student Council renamed as Manipal University Association of Pharmacy Students (MAPS).

Genesis 2014, marking the inauguration of the students' council, now known as MAPS (Manipal University Association of Pharmacy Students) was celebrated on 5th September. The college magazine, 'INCESSANT' was released by the chief guest-Dr Suma Nair, Director, Students



Affair, MU, amidst cultural performances by the students. The students of MCOPS also celebrated Teachers' day with enthusiasm.

### The activities of MAPS are categorized under the following committees

#### Academic Committee (AC)

This committee is responsible for activities related to the pharmacy curriculum, research and professional development in conjunction with IPSF. Its objective is to encourage the development of core skills of pharmacists to optimize health outcome. The activities may include but not restricted to: on-campus faculty mentored project works, research publications, training in soft skills, pharmacy profession awareness campaign, patient counselling and clinical skills, participation in conferences, symposium, organizing annual pharmacy fest "Pharmaquora".

#### Community Development Committee (CDC)

The CDC is responsible for projects related to improvement in public health. The activities may include: Tobacco alert campaign, HIV/AIDS awareness campaign, TB campaign, Healthy living and Diabetes campaign, World Health day celebration, Health Camps.

#### Student Exchange Committee (SEC)

The SEC will be responsible for bilateral and unilateral exchange of students for short-term projects or internships through IPSF, IASTE, and AIESEC. The SEC will be responsible for sending and receiving all communications to IPSF, creating IPSF awareness, development fund program of IPSF.

#### Editorial Committee (EC)

The EC will be responsible for publishing and printing the yearly magazine "Incessant" and other editorial communications.

#### Cultural Committee (CC)

The CC will be responsible for all social and cultural activities of the association. The activities may include but not restricted to:

yearly installation of association, inter-batch cultural competition "Sanskriti", inter-college cultural competition "Utsav" and inter university events.

#### Sports Committee (SC)

The SC will be responsible for all sport events of the association. The activities may include but not restricted to: inter-batch sports competition "Athlos", inter-college and inter-university sports events.

#### Academic Committee

##### 13th September 2014 – "PharmD PEDIA"

A day's exhibition was jointly organized by PharmD Students' Forum and Academic Council, MAPS. The event apprised hundreds of enthusiastic pharmacy students the career opportunities of PharmD in India and abroad viz., USA, Canada, UK, Australia & UAE.



Dr C Mallikarjuna Rao, Principal, MCOPS inaugurated the event and Dr N Udupa, Research Director, Manipal University released the exhibition souvenir prepared by the students.

#### Student Exchange Committee

##### 1st September 2014 – Notice board inauguration of SEC

The newly formed Student Exchange Committee inaugurated their notice board at the hands of a German intern Nina Dahl from Technische Universitat Munchen. She is pursuing her MSc Biochemistry in Germany and currently working on a project titled "Formulation of nanoparticles & drug delivery systems" in Department of Pharmaceutics at MCOPS, Manipal.



#### Community Development Committee

##### 3rd and 4th September - NUTRITION AWARENESS PROGRAMME FOR PREGNANT AND BREASTFEEDING WOMEN

"HEALTHY MOTHER AND HAPPY CHILD" was the motto of this event. The Nutritional Awareness Event organized by Community Development Committee was of great help to the pregnant and lactating women with respect to their queries and concerns. This event, with the support of the Department of Gynaecology and Obstetrics,



was organized in Kasturba Hospital, Manipal.

The event included filing of the demographics, counselling the patients and distributing patient information leaflets so that the ultimate goal of providing a healthy diet to the pregnant and lactating women could be realized.



\* \* \*

# MCOPS

A constituent college of Manipal University

The most sought-after for pharmaceutical education and research

Programs: DPharm | BPharm | MPharm | PharmD | PharmD (PB) | Doctoral

## Ad Meliora

a quarterly news letter

Vol 1 Number 1 Jul-Sep 2014

### EDITORIAL

I am delighted to express my opinion on the first newsletter of Manipal College of Pharmaceutical Sciences. In this issue, the readers will be updated on matters related to staff, students, alumni and research activities starting from July 2014. I also present to you the memoirs of one of our alumni. The concept of bringing out a newsletter was the brainchild of our Principal, Professor C Mallikarjuna Rao. It was he who motivated us constantly by giving gentle reminders. We express our sincere gratitude to Dr Rao. The office staff of MCOPS has always lent a helping hand by providing the necessary information and photographs. My thanks are due to Mr Shobhan Ojha [Third PharmD] and Ms Pooja Yasaswi, Third BPharm for the students' details.



### FROM THE PRINCIPAL'S DESK

Better late than never; Manipal College of Pharmaceutical Sciences, for the first time has come out with a newsletter, which would showcase the events, be it academics or research. I am extremely glad that the members of the Publicity and Placement Council have achieved an important milestone in this regard. I compliment the team for its efforts and hope MCOPS Ad Meliora takes a new dimension as it progresses.



### EDITORIAL BOARD

#### Editor in Chief

N Gopalan Kutty

#### Editorial Board

C Mallikarjuna Rao

M Sreenivas Reddy

N Udupa

D Sreedhar

Rekha R Shenoy

Saleemullah Khan

Prashant Musmade

Girish Thunga

Sreedharan Nair

Aravind Pai

Angel Alex

Girish Pai



### Manipal College of Pharmaceutical Sciences

Manipal University, Madhav Nagar, Manipal 576104, Karnataka, INDIA

Phone: 91 820 2922482; Fax: 91 820 2571998;

Email: info.mcops@manipal.edu; Web: www.manipal.edu/mcops

प्रज्ञानं ब्रह्म



INSPIRED BY LIFE

## EVENTS

### Zanzibar Varsity delegation's visit

**July 6:** A delegation from State University of Zanzibar visited MCOPS to explore the possibilities of collaboration in areas of mutual interest on July 6-8, 2014. Dr Goloker, a representative of Zanzibar High Commission to India led the delegation, which included Prof Idris Ahmada Rai Vice-Chancellor and Dr Salum Seif Salum. Dr Mallikarjuna Rao, Principal, MCOPS and Dr N Udupa, Directorate Research along with the heads of the various departments were present in the deliberations.

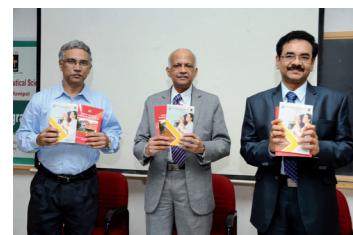


### AICTE Sponsored Quality Improvement programme was inaugurated

**July 14:** Manipal College of Pharmaceutical Sciences, Manipal organized a 12-day long Quality Improvement Programme as part of continuing pharmacy education initiative of the institution, sponsored by AICTE. The responsibility of conducting the programme was shouldered by three departments of MCOPS viz., Department of Pharmacognosy, Department of Pharmaceutical Biotechnology and Department of Pharmaceutics. The programme was inaugurated by Dr G K Prabhu, Registrar, Manipal University. The event brought over a hundred delegates from various parts of the country to Manipal. Dr Mallikarjuna Rao, Principal, MCOPS, Dr Sreenivasa Reddy, Vice Principal, and Dr CS Shreedhara, Head, Department of Pharmacognosy, MCOPS were present at the occasion. Dr Mallikarjuna Rao welcomed the audience and presented an overview of QIP programs and continuing pharmacy education. Dr CS Shreedhara proposed a vote of thanks. Dr Manjunath Setty anchored the function.

### ORIENTATION PROGRAMME

#### B.Pharm and Pharm D Orientation



**Aug 1:** Orientation programme was conducted for BPharm and PharmD freshmen on 1st and 2nd of August 2014. Dr Vinod Bhat, Pro-Vice Chancellor Manipal University presided over the programme. Dr Mallikarjuna Rao, in his welcome speech, gave an

insight into the scope of pharmacy education in India and abroad and also briefed upon the opportunities for pharmacy graduates and postgraduates. A handbook comprising the academic curriculum and student diary were released at the hands of the Pro-Vice Chancellor. In his speech Dr Bhat gave a brief account of genesis of Manipal University. Heads of the various departments introduced their faculty to the newly joined students and their parents. Students and their parents interacted with the teacher guardians later in the afternoon.

#### MPharm and PharmD postbaccalaureate Orientation

**Aug 4:** An induction programme for newly joined MPharm and post baccalaureate students was held on 4th of August 2014. Dr G K Prabhu, Registrar, Manipal University was present as the chief guest for the occasion. In his welcome address, Dr Mallikarjuna Rao,



Principal, highlighted the achievements of MCOPS and welcomed the newcomers to the institution. In his message, Dr Prabhu made an appraisal of Manipal University and its contribution in the field of education and research.

### Read and share session

**Aug 21:** "Read and share" is a concept introduced by Dr MK Unnikrishnan (Professor of Pharmacy Practice), a recipient of Dr TMA Pai Endowment Chair. This allows students and faculty with a taste for good literature to share their reading experiences with peers. Dr Anoop Kishore, assistant professor of pharmacology made full use of this concept by making a presentation on the book by Oliver Sacks- "The man who mistook his wife for a hat". Dr H Vinod Bhat, Pro-Vice Chancellor, MU, a voracious reader himself, was present on the occasion.



### SPORTS HIGHLIGHTS

- MCOPS organized the MU Inter Collegiate Basketball Tournament from 19th- 21st September 2014 at MARENA, Manipal. Dr HS Ballal, Pro Chancellor, MU inaugurated the tournament on 19th September 2014. Dr Mallikarjuna Rao, Principal, MCOPS, gave an inspiring welcome speech. Dr N Udupa Research Director (Health Sciences), Dr Vinod Nayak (Sports Secretary), Dr Kempraj, Dr H Shridhar and Dr Satish Mallya, the Directors of Physical Education graced the occasion.
- M Ratna Surendra of second BPharm emerged as a brilliant swimmer in various events like 66 meters butterfly, 100 meters backstroke and 200 meters free style. He clinched the first prize in 66 and 100 meters backstroke. In the 4 x 100 free style relay, MCOPS stood second with a team comprising the following members; Ashish Ahlawat and Pratik Lakhani [Fourth BPharm], M Ratna Surendra [Second BPharm] and Rahul D Kamath [Third PharmD]. The team bagged the third position in 4 x 33 free style relay.



### RESEARCH SPOTLIGHT

- Dr Rekha Shenoy, Associate Professor of Pharmacology, bagged the second prize for the scientific paper titled 'An appraisal of the topical application of Jatyadi Taila on normal and dexamethasone-suppressed wound healing: A preclinical assessment' at NCADDD 2014, Anna University, Tiruchirappalli, 24-25 July 2014.
- Dr Chandrashekar, Associate Professor of Pharmacognosy clinched the second prize in a scientific session at Vatayana 2014, National seminar on neuro-degenerative conditions and neuro-lesions held at Bangalore on 15th August 2014.



- Mr Prateek Jain, research scholar, Department of Pharmaceutical Biotechnology, MCOPS attended the Annual Congress of International Pharmaceutical Federation (FIP) in Bangkok, Thailand from 4th Aug to 31 Sept. 2014. The conference saw more than 2500 pharmacists and pharmaceutical scientists from all over the world, who examined the globally pressing issue of access to medicines and healthcare. He was also elected as the project coordinator of The Young Pharmacists' Group of FIP.
- Dr CS Shreedhara and Dr Richard Lobo, Faculty of Pharmacognosy presented their research work in PharmaSci-2014, an annual conference organized by Academy of Pharmaceutical Sciences, Great Britain at University of Hertfordshire Hatfield London during 8-10 Sept. 2014.
- Mr Vamshi Krishna T, Mr Girish Pai K and Mr Lalit Kumar, Faculty of Pharmaceutics, MCOPS participated and delivered their research work in an "International Conference on Recent Advances in Health Sciences" in Malaysia during 14-16 August, 2014.
- Dr R Rajesh, Faculty of Pharmacy Practice; Mr Muddukrishna BS and Mr Swapnil J Dengale, Faculty of Pharmaceutical Quality Assurance and Dr N Udupa, Research Director, MU presented their scientific posters in 'FIP World Congress 2014', Bangkok, Thailand during 31st August to September 4, 2014.
- Dr N Udupa and Dr Anantha Nagappa Naik, Professors, Pharmacy Management presented their scientific posters in the 6th Asia Pacific Conference- ISPOR in Beijing, China, 6-9 September, 2014.
- Dr Anup Naha, Faculty of Pharmaceutics presented his research work in the 'International Conference on Electron Microscopy', held during 9-11 July, 2014 at the University of Delhi.
- Dr Nandakumar K, Dr Anoop Kishore, Dr Yogendra Nayak and Dr Nitesh Kumar, Faculty of Pharmacology presented their scientific posters in "Advances in drug design, discovery & development", held during 24-25 July, 2014 at Anna University, Trichy.
- Dr RS Jeyaprakash, Faculty of Pharmaceutical Chemistry presented his research work in a National Seminar on "Role of Biotechnology in development of therapy/ drug and vaccines" at JSS College of Pharmacy, Ooty, during 13-14 August, 2014.
- Dr Suvarna G Kini and Dr Jessie Elizabeth Mathew, Faculty of Pharmaceutical Chemistry, presented their scientific posters in Amrita Pharmaceutical Conference (APC-2014), National Conference on "Infectious Diseases - A Medicinal Chemistry Perspective", held during 29-30 August, 2014.
- Mr K Vijaya Bhasker, Faculty in Pharmaceutical Chemistry, presented his work in a Symposium on Recent Advances in Medicinal Chemistry (ISRAM-2014) at NIPER, SAS Nagar during 8-10 September, 2014.



## UPCOMING EVENTS

Departments of Pharmacology and Pharmacy Practice will be jointly organizing a AICTE- sponsored QIP in January 2015.

## ALUMNI DIGEST



Dr Robby Zachariah Tom visited MCOPS

"I am privileged to write for the MCOPS newsletter. I have fond memories about MCOPS, especially the Department of Pharmacology. The first thought that comes to my mind is the excellent teachers who are very interactive, sincere, humble and immensely dedicated to research. We always had the freedom to talk over science without boundaries and had a well-coordinated team. The decision to study at MCOPS was one of the best of my life and I always cherish those days of my post-graduation at Department of Pharmacology under the guidance of Mallik sir and Gopalan Kutty sir. Dedication and commitment of my teachers towards science and their cordiality with students inspired me a lot. I have been in an affectionate atmosphere in MCOPS, for the friendliness, affection and care the teachers give to students is very much appreciated. I take this opportunity to thank all the faculty members and really cherish those moments. To the students - this is a fertile soil from which you could flourish as upcoming young scientists, so make the best use of your time at MCOPS."

Dr Robby Zachariah Tom, an alumnus of MCOPS visited the Department of Pharmacology on August 30, 2014. He interacted with the fourth BPharm and MPharm [Pharmacology] students. Currently, he is a post-doctoral fellow at Institute of Helmholtz, Munich, Germany. His postdoctoral work focuses on the molecular underpinnings of hypothalamic inflammation and how it is modulated during high fat diet and in response to exercise.

## MISCELLANEOUS NEWS

- A 'T-shirt designing' competition was organized on the 23rd of August 2014. Jeffrey Jose, IV PharmD was the winner of the contest.
- Donning the military uniform, the freshmen [First BPharm and PharmD] put up a great show for the Independence Day Parade on August 15th in the Manipal University premises.

