

Greetings from The Department of Public Health Dentistry, MCODS, Mangalore!!

It gives us immense pleasure in releasing Communiqué, the newsletter of Manipal College of Dental Sciences, Mangalore. Since its inception, the Department of Public Health Dentistry was headed by many stalwarts in the discipline. I am humbled and deem it a privilege to be part of such an elite group.

I would like to thank my colleagues Dr. Ashwini Rao, Dr. Mithun Pai BH, Dr. Praveen Jodalli, Dr. Avinash BR, Dr. Aparna KS and Dr Navya K and post graduates for all their help and valuable inputs. The current issue of Communique will highlight various events held in our institution and the laurels achieved by our faculty members and students.

Dr. Ramya Shenoy, Professor & Head (In-charge) Department of Public Health Dentistry, MCODS, Mangalore

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Manipal College of Dental Sciences, Mangalore

Academic excellence

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The **Department of Conservative Dentistry and Endodontics** celebrated the **Cons-Endo Day** on the 5th of March 2022 at the phantom head preclinical lab in MCODS Mangalore. This event was organized in association with the Indian Association of Conservative Dentistry and Endodontics (IACDE). The events of the day included E-Poster Presentations, Video Presentations, Table Clinics and a Quiz Competition.

WORLD ORAL HEALTH DAY



The **Department of Public Health Dentistry** celebrated the **World Oral Health Day** with the theme **"Collective action on importance of Oral Health"** on 20th March 2022 by carrying out a series of events and activities from 14th March to 26th March 2022. The events included school health check up camps and health education program, a lecture, Meme making, MAD ADS and Health Tempore competition.

WORLD ORAL HEALTH DAY TALK



The World Oral Health Day talk was conducted for the BDS final year under graduate students on the 22 of March 2022 from 8AM to 9AM. The talk was delivered by Dr.David.K, Associate Professor, Department of Periodontology, MCODS, Mangalore. A total of 83 students attended the lecture. The importance of oral health and its impact on systemic health was stressed upon.

PERIODONTISTS DAY



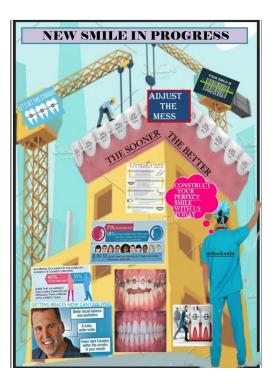
The **Department of Periodontology** celebrated **Periodontists Day**, on 12th May 2022 by conducted an online Microsoft teams CDE programme from 2:30-4:30 PM. The speaker was Periodontology PG alumni, **Dr Rohit Jain** who is presently in private practice in Aurangabad.

The topic of the CDE programme was **Perio-Restorative Interrelationship**. The programme was for the Interns of our college. A total of 34 participants attended the programme.

WORLD ORTHODONTIC HEALTH DAY 2022







The **Department of Orthodontics**, MCODS Mangalore celebrated **The World Orthodontic Health Day** (15th May 2022) by conducting week-long (10th to 16th May 2022) events to generate awareness regarding orthodontic treatment. The events included quiz, poster, SMILE-A-THON and video making competition.

Academic excellence

WORLD NO TOBACCO DAY 2022





The **Department of Public Health Dentistry**, MCODS, Mangalore commemorated the **World No Tobacco Day 2022** (**May 31**) by organizing various events in May 2022. This included a lecture and school general and dental health camps at Gadiyara school. A lecture was delivered on "**Practical Approaches to Tobacco Cessation Counselling**" by **Dr. Swapna Sarit**, PG Alumni, MCODS Mangalore and Co-Ordinator Tobacco Cessation Centre, SCB Government Dental College, Cuttack. The event was organized on **31**st **May**, **2022** online through MS Teams Platform.

NATIONAL PUBLIC HEALTH DENTISTRY DAY



The Department of Public Health Dentistry, Manipal College of Dental Sciences, Mangalore celebrated National Public Health Dentistry Day with the theme "Role of Dental Public Health specialist in India: Current context" on 19th June 2022 by carrying out a series of events and activities from 17th June to 20th June 2022. The events included a lecture, radio talk, quiz, reels and logo competition. MCODS Mangalore, MCODS Manipal, A J Institute of Dental Sciences and Yenepoya Dental College participated in the competitions. A radio talk was given by Dr. Avinash B R in the channel 'Radio Sarang' on "Role of Public Health Dentist during COVID – 19 pandemic" as part of National Public Health Dentistry Day celebrations. Dr. Praveen Jodalli, Associate Professor, Department of Public Health Dentistry, delivered a lecture titled "Public health Dentistry as a career option", to provide a glimpse to the students on the career options available to them after completing their post-graduation in the department of Public Health Dentistry.

Academic excellence

INTERNATIONAL YOGA DAY



Manipal College of Dental Sciences, Mangalore in association with **Institutional Academic Reputation Cell (IARC)** observed **International Yoga Day** on 21st June 2022 led by **Dr. Kunal**, Associate Professor, Department of Physiology, KMC Mangalore. Chief Guest for the event was Ms Gloria Barbara, Certified Yoga Instructor. History of Ashtanga Yoga and its various nuances was discussed, followed by yoga, relaxation and meditation sessions.

BASIC LIFE SUPPORT AND PARENTERAL INJECTION TECHNIQUES: HANDS-ON WORKSHOP



The **Department of Oral & Maxillofacial Surgery**, conducted **Hands-on Workshop** for Under-Graduates and Post-Graduates students. **Basic Life Support workshop** was conducted on 11th-13th of April 2022. Parenteral injection techniques hands-on workshop was conducted on 18th to 20th April, 2022. Resource persons for workshop were **Dr. Madhusudhan Upadhya**, Professor of Anesthesia, and **Dr. Somesh T Rao**, Professor of Anesthesia from KMC, Mangalore, along with **Dr. Premalatha K Shetty**, Professor, & Associate Dean, **Dr. Dharnappa Poojary**, Associate Professor and **Dr. Joanna Baptist**, Associate Professor from the Dept. of OMFS, MCODS, Mangalore. 65 Interns and 11 Postgraduate students from Dept. of OMR and Pedodontics participated in the workshop. The workshop started with lecture, which was followed by demonstration of the Basic Life Support; finally, the students had to perform the BLS on the mannequins. Students were demonstrated parental injection techniques of I.V., I.M., S.C. and I.V. cannulation and they performed the same on mannequins.

WORKSHOP ON ORTHODONTIC CLEAR ALIGNERS



The **Department of Orthodontics and Dentofacial Orthopedics**, MCODS, Mangalore successfully conducted an intensive Hands-On Workshop on **"Orthodontic Clear Aligners"** from 11th to 13th April, 2022. The Course faculty for the program were **Dr.Dhiraj Shetty**, a renowned clinician and pioneer of in-house Orthodontic aligner treatment, and **Dr. Shravan Shetty**, who is proficient in orthodontic aligner treatment planning.

PEDO EZY WORKSHOP





The **Department of Pediatric and Preventive Dentistry** conducted CPD program **'Pedoapp 2022'** titled **"Pedo Ezy", Workshop on Preformed Space Maintainers and Zirconia Crowns in Pediatric Dentistry** on 29th April 2022 at KMC Medical Education Hall, Light House Hill Road, Mangalore. The resource person for the event was **Dr. Mukul Jain,** a Pediatric Dentist and Founder and Director, Kids-e-Dental LLP, Mumbai, Maharashtra. The resource person delivered lecture on pediatric preformed zirconia crowns and preformed space maintainers along with video demonstrations.

Hands-on session was conducted at the Phantom Head Laboratory using 3-D printed models. The program was well appreciated by all the delegates.

Academic excellence

SOFT SKILL TRAINING WORKSHOP







Training program for support staff on communication skills was conducted on 13.05.2022 by Dr Nandita Shenoy, Associate Professor, Oral Medicine and Radiology, Mangalore.

RUBBER DAM WORKSHOP





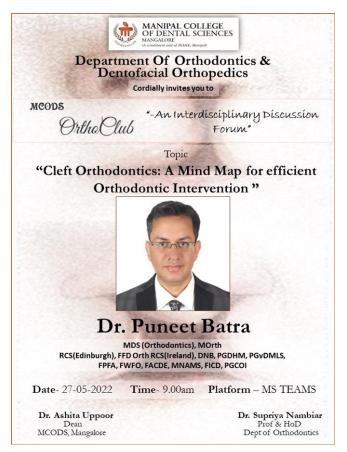
The **Department of Conservative Dentistry and Endodontics** conducted a hands-on workshop **"RUBBER DAM XTREMES"** on 10th and 11th of June 2022 at the phantom head preclinical lab in MCODS Mangalore. This event was organized in association with the Centre for Advanced Dental Education (CADE). **Dr. Niranjan Vtakar,** Clinical Micro endodontist and Micro restorative dentist from Pune was the resource person for the workshop. The aim of the program was to provide the attendees with knowledge to solve isolation problems in the clinical scenario using rubber dam and various rubber dam techniques. The two day workshop included the lecture followed by hands-on workshop on typhodont teeth on both days.

SMILE RALLY



The **Department of Orthodontics** organized "SMILE RALLY", a community-based orthodontic awareness drive on the 7th of May at 9:00 am. Under the aegis of initiative of the Indian Orthodontic Society (IOS) and Mangalore Orthodontic Study Group (MOSG), the rally was conducted to educate the public about the need for orthodontic treatment. The event provided assistance in the digital up-gradation of the Government Higher Primary school, Belthangady. The department aided in setting up an ICT-enabled classroom. The program also included an orthodontic check-up for the school children.

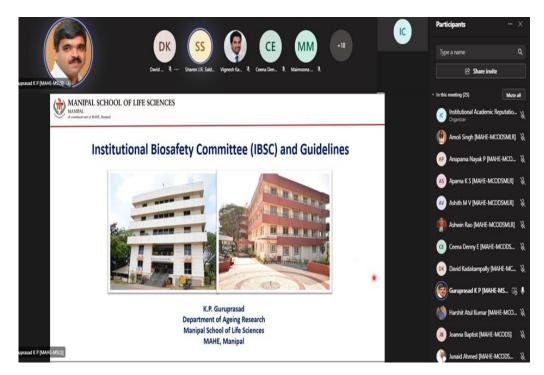
ORTHO CLUB



The **Department of Orthodontics**, MCODS Mangalore organized the meeting of **MCODS Ortho Club**, an interdisciplinary discussion forum virtually through MS Teams. The latest session of this initiative was held on 27th May, 2022 and was attended by postgraduates of various disciplines and some of our esteemed alumni.

Dr. Puneet Batra, Professor and HOD, Department of Orthodontics, Manav Rachna Dental College, Faridabad was the resource person for this programme who delivered a wonderful lecture on the topic of Cleft Orthodontics: A Mind Map for efficient Orthodontic Intervention.

FACULTY DEVELOPMENT PROGRAM ON BIOSAFETY



Dental Education Unit under Institutional Academic Reputation Cell, MCODS, Mangalore organized a Faculty Development Program titled "INSTITUTIONAL BIO SAFETY COMMITTEE (IBSC) & SUBMISSION GUIDELINES" on 5th April 2022.This webinar program was held through Microsoft teams. The resource person was **Dr Guruprasad** (Associate Director, School of Life Sciences Member Secretary IBSC, Manipal. MAHE.) The resource person explained the key regulatory points governing Biosafety for research. The program was attended by 34 participants which included faculty form MCODS, Mangalore and Institutional Ethics Committee members.

CAREER GUIDANCE PROGRAM-I

MANIPAL COLLEGE OF DENTAL SCIENCES JUL INSTITUTIONAL ACADEMIC REPUTATION CELL ALUMNI RELATIONS MCODS, MANGALORE (ARMCODS, Mangalore) Cordially Invites you to a Career Guidance Program on Practice Management titled Where Will You Be In The Next 5 Years? by Dr. Satish Pai Alumnus Batch of 88' Consultant Putnam Orthodontics, USA On 2nd of April, 2022. 3:00 pm Venue: KMC Medical Education Hall LHH Campus For Interns and Post graduate Students Dr Ashita Uppoor Dr Junaid Ahmed Dr Arathi Rao CHAIRPERSON IARC CO-ORDINATOR ARMCODS DEAN MCODS, MANGALORE MCODS, MANGALORE MCODS, MANGALORE MANIPAL COLLEGE OF DENTAL SCIENCES MANGALORE ()MAHE Manite Institutional Academic Reputation Cell Alumni Relations MCODS Mangalore (ARMCODS, Mangalore) Cordially invite you to the webinar The Roadmap after Dental School >>

> Dr. Shivani Daga (BDS, MDS) MCODS Mangalore Alumna (BDS- Batch of 2011)



Dr. Ashita Uppoor Dean, MCODS Mangalore Dr. Junaid Ahmed Associate Dean & Chairperson, ARC

Co-ordinator.

ARMCODS, Mangalore

MCODS, Mangalore in association with Alumni relations MCODS, Mangalore organized a **Career guidance program** titled **"The Roadmap after Dental School"** on 9th April 2022. This program was held at MS teams. The resource person **Dr Shivani Daga**, Alumna, MCODS, Mangalore (batch of 2011). Dr Shivani spoke about her experience in practice after post-graduation. The program was attended by 24 participants which

Institutional Academic Reputation

Cell.

Institutional Academic Reputation Cell, MCODS, Mangalore in association with Alumni relations MCODS, Mangalore organized a Career guidance program titled "Where Will You Be In The Next 5 Years?" on 2nd April 2022. This program was held at Medical education hall LHH. The resource person Dr Satish Pai, Alumnus, MCODS, Mangalore (batch of 1990). Dr Pai explained the process of pursuing dental programs in USA. The program was attended by 30 participants which included intern's postgraduate, and faculty form MCODS, Mangalore.

CAREER GUIDANCE PROGRAM-II

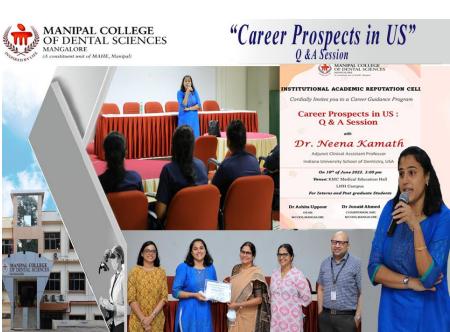
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Manipal College of Dental Sciences, Mangalore

included interns from MCODS, Mangalore.

CAREER GUIDANCE PROGRAM-III

Institutional Academic Reputation Cell (IARC), MCODS, Mangalore organized a Career guidance program titled "Overview of Covid-19 pandemic impact on UK dental education" on 19th April 2022. This program was held at Medical education hall LHH. The resource person was **Dr Latha Davda**, Ex Faculty, now a clinical director at Portsmouth University, UK and also an adjunct faculty, MCODS, Mangalore. Dr Davda explained the process of pursuing dental programs in UK. The program was attended by 65 participants which included intern's postgraduate, and faculty form MCODS, Mangalore.



Institutional Academic Reputation Cell, MCODS, Mangalore organized a **Career guidance program** titled "**Career Prospects in US: Q &A session**" on 16th June 2022. This program was held at Medical education hall, KMC Mangalore. The resource person was **Dr Neena Kamath**. Dr Neena is presently working as an Adjunct clinical Assistant Professor, Indiana University School of dentistry, USA. During this interactive session she spoke about her experience pursuing a career in the US and answered student queries.

CAREER GUIDANCE PROGRAM-IV

LAURELS





Dr Shradha Bhutoria and **Dr Ishita Singh**, 2nd Year Post Graduate students, **Department of Prosthodontics**, won the **Best Paper** in Session at the 24th IPS PG Convention, held in SDM College of Dental Sciences, Dharwad from 4th to 6th March 2022 on the topic –Socket Shield Technique - An aesthetic armour to your immediate implants : A Case Series under the guidance of Dr. Umesh Pai, Associate Prof., Department of Prosthodontics.



Yenepoya Dental College, Mangalore celebrated National Conso-Endo day on 5th March 2022. They honored Dr. Kundabala M., Professor, Department of Conservative Dentistry and Endodontics who was also the Chief guest. She inaugurated the alumni chapter of Conservative dentistry and Endodontics of Yenepoya Dental College.

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LAURELS

ASSOCIATION OF CONSERVATIVE DENTISTRY AND ENDODONTICS OF KARNATAKA (ACE-KARNATAKA) AWARDS (7/04/2022)





and the second

Dr. M Kundabala, Professor in the Department of Conservative Dentistry and Endodontics was felicitated with the "Distinguished Researcher Award"

Dr. Neeta Shetty, Professor in the Department of Conservative Dentistry and Endodontics was felicitated with the "Clinical Excellence Award"



Dr. Mrinalini, Senior Lecturer in the Department of Conservative Dentistry and Endodontics was felicitated with the "Early Career Award"



LAURELS

Dr. Suprabha B.S, Professor and Head, **Pediatric and Preventive Dentistry** was bestowed with the **"Distinguished Woman of the Society" Award** for her immense contribution in the field of Pediatric Dentistry during the occasion of **International Women's Day** on 8th March 2022 by the Indian Society of Pedodontics and Preventive Dentistry.



Dr. Mithun Pai, Associate Professor, **Department of Public Health Dentistry** was awarded **Certificate of Appreciation** by Department of Community Medicine , KMC Mangalore during felicitation ceremony for **Covid-19 care workers** at Kasturba Medical College Mangalore on 7th April 2022.





Dr. Surmayee Singh, 2nd Year Post Graduate student, **Department of Conservative Dentistry and Endodontics** Won **3rd in paper presentation** in 22nd IACDE National PG Convention held at GSL Dental College and Hospital, Rajahmundry, Andhra Pradesh from 27th to 29th March 2022 on the Topic- "Wettability of bioceramic and epoxy resin-based sealer on intraradicular dentin treated with various final irrigation protocols including 3.8% silver diamine fluoride" under the guidance of Dr. Manuel Thomas, Associate Professor, Department of Conservative Dentistry and Endodontics.



Dr Swati Renuka M, 2nd Year Post Graduate student, **Department of Pediatric and Preventive Dentistry** won the "**Best Paper**" of the Session at the 18th ISPPD Conference, held from 7th to 9th April 2022 on the topic: "Reliability of the electric pulp tester as an indicator of pulpal anesthesia in primary maxillary posterior teeth to assess the need for supplemental injection – a preliminary investigation." under the guidance of Dr. Ashwin P Rao, Associate Professor, Pediatric and Preventive Dentistry.



LAURELS

Dr. Dhruv Ahuja, 2nd year postgraduate student, **Department of Orthodontics**, has won **2nd prize in poster competition** conducted by Mangalore Orthodontic Study Group held on 1st May, 2022 at Mangalore, on the Topic-"**Orthodontics best done by an orthodontist**" under the guidance of Dr. Ashith M.V., Associate Professor, Orthodontics.



Dr. Dhruv Ahuja & Dr. Carol Lobo, Postgraduate students, Department of Orthodontics, have won 1st prize in Table Clinic at the 25th IOS National PG Student Convention held from 28th April to 1st May 2022 at Mangalore on the Topic-"Force Vector Control in Bone Anchored Maxillary Protraction Using 3D Printed Models", under the guidance of Dr. Siddarth Shetty, Professor, Orthodontics.



Dr. Madhura Rao, 2nd year postgraduate student, Department of Orthodontics, has won the "Session's Best Presentation" at the 25th IOS National PG Students Convention held from 28th April to 1st May 2022 at Mangalore on the Topic-"Multimodal evaluation of pharyngeal airway changes following two different maxillary protraction protocol using patient specific models- a comparative study" under the guidance of Dr. Supriya Nambiar, Professor and Head, Orthodontics.

Academic excellence







The Indian Orthodontic Society felicitated Dr. V. Surendra Shetty (Former Pro Vice-Chancellor, Mangalore Campus and Former Professor and Head, Department of Orthodontics) and Dr. Subraya Mogra (Former Professor and Head, Department of Orthodontics) at the 25th IOS National PG Students Convention Mangaluru held at A.J. Institute of Dental Sciences held from 28th April to 1st May 2022.

Academic excellence

LAURELS



Dr. Ramya Shenoy, Professor & In-charge Head, Department of Public Health Dentistry, MCODS, Mangalore and team comprising post graduate students Dr. Aishwarya, Dr. Navodita, Dr. Shushma, Dr. Kavery and interns Dr. Sonali and Dr. Krishnan bagged the **second prize** for signature dish in **'Cook for a Cause 3.0' event** organized by Yenepoya Dental College on 22nd February 2022. The prize distribution ceremony was held on 12 May 2022.



Ms. Simran Agarwalla, Intern, has won Gold Award for the Scientific E-Poster Presentation at Famdent Show Mumbai, from 20-22nd May, 2022 on the Topic- "Mouthwash : Boon or Bane" under the guidance of Dr. Roma, Reader, Department of Conservative Dentistry and Endodontics.

GUEST LECTURES



Dr. Arathi Rao, Professor, **Pediatric and Preventive Dentistry** was the Keynote Speaker at the 4th Annual Conference of Nepalese Association of Pediatric Dentistry held at Kathmandu, Nepal on 8th and 9th April,2022 on the topic: **"Fundamentals in Research"**.



Dr Karthik Shetty, Professor and Head, Department of Conservative Dentistry, delivered a guest lecture on the 'Newer Advances in Endodontic sealers' at the ''Rapid Recap 2022'' PG symposium organized by the Association of Conservative Dentistry and Endodontics, Karnataka at RV Dental College Bangalore on 8th April 2022.





Dr. Karthik Shetty, Professor and Head of the of Conservative Dentistry Department and **Endodontics** delivered guest lecture а on "Determining success and managing failure in endodontics" held on 29th March 2022 at the Indian dental association Dakshina Kannada branch, in Mangalore.



Dr. Ravikiran Ongole, Professor & Head, Department of Oral Medicine and Radiology delivered a lecture on the topic: "Potentially malignant disorders" at CDE programme on 4th April 2022, organized by Indian Academy of Oral Medicine and Radiology, Karnataka State Branch.

Dr Ravikiran Ongole has been enrolled as **Advisor and Consultant** for **Zealth Al**, a Singapore based company.



Dr. Shravan Shetty, Assistant Professor, Department of Orthodontics, MCODS, Mangalore was the resource person for **"Imparting Software training on in-house aligners"** organized by Bombay Orthodontic Study Group held at Mumbai on 12th and 13th June 2022.

GUEST LECTURES







Dr Junaid Ahmed, Associate Dean and Professor, Department of Oral Medicine and Radiology, Dr Nanditha Sujir, Associate Professor, Department of Oral Medicine and Radiology and Dr Shravan Shetty, Reader, Department of Orthodontics were resource persons for the preconference course titled "CBCT In Orthodontics and Digital Aligner Software Setup in Orthodontics" at the 25th IOS National PG Students Convention held at AJ Institute of Dental Sciences, Mangaluru held from 28th April to 1st May 2022.



Dr. Siddarth Shetty, Professor, Orthodontics was the resource person for the pre-conference course titled "Bone anchored maxillary protraction(BAMP)" at the 25th IOS National PG Students Convention held at AJ Institute of Dental Sciences, Mangalore from 28th April to 1st May 2022.

GUEST LECTURES



Dr. Ashith M.V, Associate Professor, **Department of Orthodontics** delivered a lecture on the Topic- "Management of Cleft Lip and Cleft Palate " at Swargiya Dadasaheb Kalmegh Smruti Dental College and Hospital on 9th March 2022.

Dr. Ashith M.V was the resource person for the pre-conference course titled **"Pre-surgical Infant Orthopaedics Workshop"** at the 25th IOS National PG Students Convention held at AJ Institute of Dental Sciences, Mangalore from 28th April to 1st May 2022.

Dr. Ashith M.V was invited as a guest speaker in INDOCLEFTCON
2022 held in Kochi from 19th to 21st May 2022. He delivered lectures on two topics "Evaluation and Aims of Naso Alveolar moulding" and "
3D versa Screw appliance". He was also the chair person for a session in cleft orthodontics.

GUEST LECTURES



Dr. Supriya Nambiar, Professor and Head, Department of Orthodontics, MCODS, Mangalore was the resource person for **"IOS Online Teachers Training Program"** organized by the Education Council- Indian Orthodontic Society in association with the Department of Orthodontics, JSS Dental College & Hospital on 1st and 2nd June 2022.



Dr. Junaid Ahmed, Associate Dean and Professor, **Department of Oral Medicine and Radiology**, delivered a keynote address on **"CBCT an answer to conundrum of diagnostic imaging"** at the OMR UG convention organized by Oxford Dental College and The IAOMR-Karnataka State Branch held at Bengaluru on 3rd-4th June, 2022.

Co-curricular activities



UTSAV 2022, the annual inter-collegiate cultural fest, was held from 2nd to 5th April, 2022 at Manipal. Students and faculty members from all the constituent institutions of MAHE participated with zeal and enthusiasm in various competitions. Students from MCODS, Mangalore bagged first prizes in cartooning, debate, extempore and Eastern vocal group. Overall, MCODS, Mangalore won the "1st Prize", bringing laurels to the institution.

Co-curricular activities

DENTAL WEEK



Dental Week 2022 titled "Astranova", the annual inter-class cultural fest, was held from 23^{rd} – 29^{th} June, 2022. Students from the institution participated in various competitions. Overall winners were the **batch of 2019**, while the overall runners up were the **batch of 2018**.

ICMR-STS 2022 GRANT

	Name of the Student	Guide
1	Miss Pooja Mohanta	Dr.Ramya Shenoy
2	Miss Kamala	Dr.Mithun Pai
3	Miss Chanchal Gupta	Dr.Neetha J Shetty
4	Miss Pooja Kumari Sinha	Dr.Sangeeta Umesh Nayak
5	Miss Swati Bhatnagar	Dr.Mranali K Shetty
6	Miss Lipika Sen	Dr.Ravikiran Ongole
7	Miss Sanya Bhasin	Dr.Manuel S Thomas
8	Mr Kashish Bhardwaj	Dr.Vinod Jathanna
9	Miss Thanishtha	Dr.Ravi Gupta
10	Miss Khushi Chaturvedi	Dr.Charishma Thimmaiah
11	Mr Charan M Shettigar	Dr.Mahesh M
12	Miss Tanya Bharadwaj	Dr.Ann Sales
13	Miss Hafsah Rehman	Dr.Prashanthi S Madhyastha
14	Miss Mita Shanbhag	Dr.Amitha Juanita Lewis

Alumni

ALUMNI FEATURE



Dr. Gurvinder Kaur graduated from **MCODS**, **Mangalore** in **2007** and went on to complete **MDS** in **Pedodontics and Preventive Dentistry** at JSS Dental College and Hospital, Mysore. She held a full-time faculty position in the Department of Pedodontics and Preventive Dentistry at SGT University, Gurugram for over 2 years and was actively involved in undergraduate and postgraduate clinical and didactic training and research projects. She practiced pediatric dentistry in hospital and private practice settings in India for 8 years. Dr. Kaur moved to the **US** for a **pediatric dentistry residency at Rutgers School of Dental Medicine** and completed a **Master's degree in Dental Science** there. She completed a research project comparing treatment outcomes in healthy children vs. children with special health care needs treated under general anesthesia at the University Hospital at Rutgers.

She is currently an **associate at a pediatric dentistry group practice in Virginia**. Dr. Kaur was recently awarded the **Richard C Pugh award**. This award was presented by the American Board of Pediatric Dentistry for exemplary achievement on the May 2021 Qualifying Examination and awarded to the top 3% scores nationwide.

She is an active member of the American Association of Pediatric Dentistry and a life member of the Indian Association of Pedodontics and Preventive Dentistry.

She believes striking a good balance between academics and health- mental and physical is needed in dental school and beyond. Her message to dental students would be –you all will be great!! Trust the process, never stop learning, and master the art of communication.

Alumni

ALUMNI ACHIEVEMENTS



Dr.Subhathira R, an alumna of the **batch 2011** was nominated for the category **"Budding dentist of the year"** by Famdent excellence in dental awards 2022. She also received **Special Jury award- Best PG of the year** by FEDA in 2021.







Dr.Utkarsh Mangal, an alumni of the batch 2014 (Ortho PG alumni) finished his PhD on the topic "Changes in Tribo-mechanical properties and bacterial resistance of Poly methyl methacrylate for 3-D printed Intra-oral appliances by incorporating nano diamonds" from Yonsei University, Seoul, South Korea.

Dr. Priya Ahlawat, an alumna of the **batch 1991** has been elected **Governor** of the **Pacific Central District Optimist (PCD) district** in **US**. She was a **Co-host chair** of **Optimist International Convention**, Reno 2022.

Dr. Simarpreet Singh, BDS Alumni of MCODS Mangalore (**1995-2000**) and a **Public Health Dentist**, has graduated with **DDS** from the **School of Dentistry**, University of California San Fransisco (UCSF), San Fransisco, **USA**.

Alumni

ALUMNI REUNION



The very first **Alumni Meet** of the **Department of Periodontology**, MCODS, Mangalore was conducted online through Microsoft teams on the 17th of April 2022 at 5 pm. Planning for a virtual Alumni meet started 4 months back. All the alumni were contacted and told in advance about the virtual meeting. A total of 14 alumni from India and abroad attended the meeting along with 9 of our present Postgraduates.

Pro VC Dr Dilip Nayak, Mangalore campus and Dean, **Dr Ashita Uppoor** who are part of the department also were present for the meeting. The meeting started with the welcome note by Head of Department, **Dr Neetha Shetty**. All alumni, staff and present post graduates introduced themselves. Various alumni shared their experiences they had at MCODS and also their present clinical experience and ways in which MCODS shaped their careers.

A video presentation showing various memories of the post graduates, staff and the department was played.

The proposal of having an offline meet next time was discussed by all the attendees The meeting ended with a thank you note by **Dr Deepa Kamath**.

Alumni



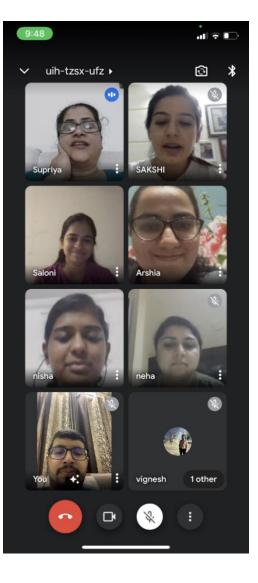
The **Department of Orthodontics** organized a CDE program and Alumni Reunion on 29th April 2022 by **Dr. Shivani Keni**, Alumna Batch of 2016. Dr. Shivani Keni spoke on MARPE, a contemporary topic of interest in Orthodontics. The talk and alumni reunion was held at Hotel Pallki Roof Top in Mangalore.

The event was attended by senior alumni, Department faculty, Dean and Associate Deans and the Alumni coordinator of MCODS, Mangalore. The talk was followed by dinner.

Felicitation of EC Members

Senior alumni who are members of Executive Committee of Indian Orthodontic Society, **Dr. Siddarth Shetty, Dr. Rajaganesh Gautam** and **Dr. Digvijay Patil** were felicitated by former teachers **Dr. Subraya Mogra and Dr. Surendra Shetty**.

ALUMNI MENTOR- MENTEE PROGRAM 2022



The **Department of Orthodontics** conducted an online **Alumni Mentor Mentee** program on 14 June 2022. The program was conducted to introduce the newly joined postgraduates to the senior alumni. This program also is an informal online reunion of all the alumni.

The new alumni introduced themselves briefly and had an opportunity to discuss about career prospects and further studies with the senior alumni. **Dr. Neha Khanna** (Batch of 2010) spoke about prospects in academics vs clinical practice. The program was useful to all the alumni.

Spotlight

The Department of Public Health Dentistry was established in the year 1987, while the postgraduate program was initiated in 2011. The Faculty members of the department are actively involved in teaching, patient care, research, and community outreach activities. They have been successful in obtaining research grants, research awards, scientific publications in National and International Journals and have authored textbooks including the 7th edition of Essentials of Public Health Dentistry.

The teaching program of Public Health Dentistry for undergraduate and postgraduate learning is dynamic, innovative and interactive. The students are encouraged to participate in field work, professional conferences and they have undertaken numerous research activities.





Front row: Left to right: Dr.Avinash BR, Dr. Mithun Pai BH, Dr. Ramya Shenoy, Dr. Ashwini Rao, Dr. Praveen Jodalli, Dr.Aparna KS

Behind row: Left to right: Dr.Shushma Rao,Dr. Aishwarya Shodhan Shetty, Dr. Parul Bajaj, Dr. Navodita Jamwal, Dr. Kavery Chengappa, Dr.Navya K



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